

November 2020



"HIDDEN HIGHLIGHTS"

The Official Publication of Hidden Valley Ranch
Property Owners' Association, Inc. (HVRPOA)
Vol. XXII, Issue 1

GENERAL INFORMATION

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Office Hours: Mon–Fri 9:00-11:00 am
Clubhouse Hours: 7:00 am to 10:00 pm
Activity Center: 7:00 am to 10:00 pm
Exercise Room: Open 24/7

BOARD MEMBERS

V-President: Mike Ford 817-528-4907
Secretary: Glenna Perry 810-577-9855
Treasurer: Gary Weaver 612-240-0378
Directors: Jim Bowans 515-778-6685
Tom Klug 608-575-6662
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A list of Committee Chairpersons (such as for Architecture, Maintenance, Dance, etc) is posted online and on the bulletin board across from the Front Office counter.

Hidden Highlights Editors: Kathy Wiens
John Constable

Submissions Deadline: 25th of each month.

Vice-President's Message

There are many Hidden Valley Ranch Property Owners that are somewhat apprehensive about coming back to the Park this fall. Some are concerned about what facilities will be open and some are concerned about what rules will be in place to help ensure everybody's safety. I will hopefully address your concerns here:

The HVR Board is closely watching and adhering to all Hidalgo County orders pertaining to the public health emergency that exists because of the Coronavirus pandemic. Because of the current orders:

1. All persons will wear a protective face covering over the nose and mouth and maintain a six-foot safe distance when inside any facility and/or building in HVR. Remember, the face covering protects both you and the other people you encounter.
2. All large group activities are cancelled until further notice. This includes Dances, Craft Shows, Church services, and Jams.
3. The pool hall, exercise room, and swimming pool are open, provided users maintain social distancing.
4. The Park is open to visitors and guests who must follow these same Covid rules in place. All guests must be accompanied by a property owner from HVR.
5. All persons who are renting property in the Park will need a temporary ID that can be obtained from the main office, free of charge, on any Tuesday from 9-11 am.

These Covid protocol rules (and any updates or changes the County and/or Board makes as the month progresses) are in place for one purpose and one purpose only, and that is **your safety**. Please abide by them, and BE SAFE EVERYONE!

Mike Ford

Re: NOVEMBER PARK MEETINGS

With the County's current restrictions on large group gatherings, the Board is currently reviewing different ways to have the upcoming November Board and Park meetings, and prepare for the upcoming January Board elections.

Suggestions are welcomed ASAP.

A decision plan will be announced soon and posted on the Clubhouse bulletin board as well as posted to our members through our website email.

NOT RECEIVING OUR WEEKLY E-MAILS ?

If you do not start getting regular weekly e-mails from the HVR Secretary, first check your junk mail or spam mail in your email reader to see if they are going there. Another possibility is that we have an incorrect or outdated email address in our files. Please update it with us.

If you have questions please call Ray Fink at 402-733-8972 or email Webmaster@hvrpoa.com

SUBMISSIONS FOR PUBLICATION

Reminder that the newsletter deadline for publishing notices of upcoming events for any month is the twenty-fifth (25th) of the month before. However, the sooner the better, Folks!

Ways to submit an event notice:

- Pass it to the office staff, who will place it in our wall folder. Items submitted must include a legible signature of submitter.
- E-mail John at gayle-john@hotmail.com
(FYI: Until the borders safely open up again, he's stuck in Canada. Cdn. phone #: 1-506-300-1488)
- Contact Kathy: at 402-416-7888 or email kwiens68512@yahoo.com or see her in person around the Park.

Your Co-Editors:

Kathy Wiens & John Constable

Please keep in mind COVID Restrictions info printed here is only as current as the date this newsletter was prepared (Oct 25th).

HVR Covid protocol may have changed since then.

WELCOME BACK, Y'ALL

It has certainly been a different Summer, with disruptions from the viral shut-downs, the social distancing rules, the over-the-top rioting and looting, as well as the raging forest fires and the election mud-slinging.

As a nation, we hopefully will come out of all of this Stronger and Emphatically Better people with increased patience, tolerance and, above all, KINDNESS to one another.

In spite of all that has - and is still - going on, it is hoped HVR owners/residents had a Summer that was as safe, as healthy, and as enjoyable as one could manage under the Covid restrictions. HVR welcomes you back to the Park!

ATTENTION RENTERS

HVR also extends a welcome to our **RENTERS** (new or returnees). Whether you are here for just a week, a month, or for the rest of the Season, you must be registered at the office.

As Renters, you can enjoy all the amenities and activities of the Park (except Park meetings). This includes the Clubhouse, Activity Center, Swimming pool, Pool Hall, and Exercise Room. Your Landlord paid the HOA fee on your rented lot for that privilege.

Renters are, of course, also under the guidelines of the current covid restrictions the Park has in place. As well, all persons who are renting property in the Park must obtain a temporary ID (to be worn in HVR buildings). These IDs can be obtained from the main office, free of charge, on any Tuesday from 9-11 am.

If it's your first time in our Park, we hope it will not be your last. Many of our Residents started out as Renters like you, and ended up buying a lot before the Season was over. Perhaps you will too!

MEDICAL EQUIPMENT

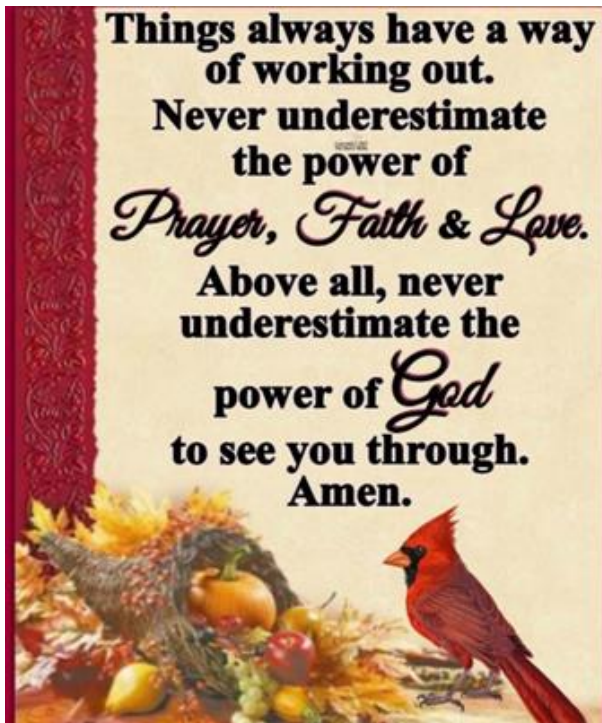
Fall down, go boom??

Park residents in temporary need of crutches, a cane, a rolling walker, potty chair, or wheelchair may borrow them free from the Office.

HVR CHURCH ANNOUNCEMENTS

Pastor Cliff Stewart (970) 302-7033

HVR Church services are currently suspended due to County covid restrictions for large group meetings.



A CUP OF LOVE?

You are holding a cup of coffee when someone comes along and bumps into you, making you spill your coffee everywhere.

Why did you spill your coffee? Because someone bumped into you? Wrong answer.

You spilled coffee because there was coffee in your cup. Had there been tea in your cup, you would have spilled tea. The point is, whatever is in the cup is what will spill out.

So it is with life. When life comes along and "bumps" you (which WILL happen), whatever is inside you will spill out. It's easy to fake it until you get rattled, but when your life gets "bumped", what will spill out? Anger, bitterness, curse words and harsh reactions?

Or, patience, joy, gratefulness, peace and humility?

Life provides the cup. YOU choose how to fill it.

Live a life that matters. Fill your cup with Love.

J'EVER NOTICE.....

.....your bed is that magical place where you just get settled into and then suddenly remember everything you forgot to do that day.

VOLUNTEERS NEEDED

The Park needs Volunteers. There's big and small tasks from which you can choose. Some require as little as 20-30 minutes once a week or even once a month when things get fully operational again.

So, volunteer a little time

And help with hand and head.

Be more than just a Member.

Take an active part instead!

Yes, YOU! Grab a buddy and help out!

RECYCLING PROGRAM

Barb and Gerald Childress recycle on their own and, as a friendly gesture to their neighbors in HVR, extend an open invitation to them to drop off recyclables and/or assist them in their sorting efforts on the recycling days.

When? Every Thursday 8:00 – 9:30 am

(If warranted, may be extended to Tuesdays as well)

Where? Across the Parking lot from Clubhouse

Items recyclable:

Aluminum beverage cans (they will remove the tabs for Shriners Hospital before putting cans in HVR's chute.)

Cardboard (flattened), Newspaper, Other paper, Plastic (squashed, please, to save space), Glass bottles (rinsed), Tin cans (rinsed out and with labels removed)

Items NOT accepted:

Styrofoam, Batteries, Aerosol cans, Scrap Metal.

TO AIR IS HUMAN

... and should you need some for that tire on your car, bike, or golf cart, there is an air hose on the storage building near the internet tower. There is no pressure measuring gauge though, as someone keeps taking it.

HAPPY THANKSGIVING

It's not "just a day". Make it your lifestyle!



Count your blessings

... by always smiling. The smile on your face does not mean that your life is perfect, It means that, despite your challenges, you choose to focus on your blessings.

.... by acknowledging you can't make everyone happy. You're not tequila! Avoid perpetually negative people.

..... by realizing it's not WHAT you have in life, but WHO you have in your life that matters.

.... and, if nothing else, by being grateful that no matter how much chocolate you eat, your socks will still fit.

DID YOU KNOW....

If you ever need to get out of the Park in the middle of the night for a medical emergency or early flight, and you don't have the means to open the gate, you can **drive over to Leisure's gate**. It automatically opens for any vehicle that slowly approaches it.

(Note: You can get out that way, but not back in.)

OVERHEARD.....

"I'm young at heart. Old everywhere else!"

Jes' WONDERIN'...

Studies have shown that cows will produce more milk when the farmer talks to them.

So, I was J'es wondering....

Would that be a case of in one ear and out the udder?

FRONT OFFICE RE-OPENED

The Front Office has now re-opened to serve you every weekday from 9:00 am – 11:00 am. We appreciate our volunteers who are there to assist you. They are NOT there to take any verbal abuse because you don't like the HVR Covid restrictions. Please speak kindly and wear a smile under your mask! We are all in this together!

ANDY Lander's Advice for Men:

Dear Andy: My wife complains about my habit of singing when I'm in the shower, but I like to do it anyway. Do you really think there's anything wrong with that?

Andy here: You should never sing in the shower. Singing leads to dancing, and dancing leads to slipping and falling, and that leads to Paramedics seeing you naked, and none of them want that!

Dear Andy: What can I do to stop my relatives from visiting so often? I don't much care for all their noisy racket in my house.

Andy here: Be kind to your nieces and nephews. One day you'll need them to smuggle alcohol into your nursing home.

Dear Andy: My Dad wasn't around much when I was growing up, so I never benefitted from his wisdom. Did your Dad teach you some life lessons when you were just a kid?

Andy here: Well, he once warned me that I should never make Snow Angels in a dog park.

As a public service, **Andy here**, would like to remind everybody that it's a good idea to test your immune system from time to time by eating a gas station hot dog.

NEW HVR OWNER?

Congratulations! You can transfer deed titles at no cost. Contact:

HVR'S Notary Publics

Lila Helm 7609 Par (507)377-2008
Sallie.Remington 2500 Fairway Ct.
(509)539-3510

Most commonly requested services:

Warranty deeds Title transfers
Affidavits Rental agreements
Medicare enrollment

No service fees, but photo ID is required.

Then, notify the office (to fill out a *property change of ownership* form). Bring age verification ID.

THINKING OF RENOVATING?

HVR owners wishing to make any exterior changes to their property (such as awning, deck, shed, concrete, etc) are reminded that they must **first seek approval** of their plans from the HVR Architectural Committee, and **then** obtain proper permits from the County. Packets which set out both the Park and County rules and regulations are available at the Office.

The Architectural Committee normally meets every Thursday 10 am near the Clubhouse office, but under the present Covid restrictions, may opt to meet only on an "urgent necessity" basis.

FREEPLAY SHUFFLEBOARD

Courts are available any afternoon or evening (under new lighting). For equipment or possibly lessons, contact: Jim Pierce (641)295-9957

Jes' WONDERIN'...

Is it true that Rice Krispies are not digested in the body stomach but, rather, merely attach themselves to the body muscles?

I was **jes' wonderin'**

.....because I ate a lot of that cereal as a kid and now that I'm older, every time I get out of bed and start moving, I hear snap, crackle, and pop.

ABOUT THE COVID RESTRICTIONS

The HVR Board is closely watching and adhering to all Hidalgo County orders pertaining to public safety regarding COVID. Orders from them are changing constantly and so then would HVR's protocol rules.

The Info on the restrictions as printed in this newsletter may therefore become quickly obsolete. Residents are urged to frequently check with the office or through the HVR website messages for the latest updates.

But as of the initial preparation of this newsletter (Oct 25), here again are the current restrictions:

ALL large-group (ie, more than ten people) activities are cancelled until further notice. This includes Dances, Craft Shows, Church services, Jams, Dinners, etc.

The swimming pool, exercise room, library, and pool hall are open, provided users wear masks and maintain social distancing rules.

Visitors and guests are currently allowed [n the Park, if accompanied by a property owner from HVR and if they follow the same rules in place.

Renters in the park will need a temporary ID that can be obtained free from the main office.

COLD vs. FLU vs. COVID

Usual symptoms:

COLD: Runny or stuffy nose, Sneezing,
Sore throat, Aches and pains

FLU: Fever, Dry cough, Aches and
pains, Headaches

COVID: Fever, Fatigue, Dry cough,
Maybe: Sore throat, Headaches,
and/or Shortness of breath

Source: World Health Organization

ON REFLECTING...

Throughout this self-isolation, have we not all come to realize how very little material things we need in our lives...

...and the true value of human connection?

MEMORIAL DAY

The 11th hour of the 11th day of the 11th month this year marks the 75th Anniversary of the end of the Second World War, as well as the 80th Anniversary of the Battle of Britain.



Arlington National Cemetery

I don't see any color here.
The headstones look the same.
No black, no brown, no white skin tone
There's no one here to blame.
These soldiers fought and died for you
Their color you can't see.
Your rights are still protected:
HERE's the place to take a knee.

- Anonymous

Thank You to all our HVR Veterans for your service. Bless you! And may God continue to protect those currently serving on active Duty.

EATING HEALTHY

Eating bananas can actually help you lose weight, according to nutritionists. The kind of starch found in bananas (especially when they're on the greenish-yellow side) is called resistant starch. It passes through your digestive tract largely undigested and helps feed the good microbes in your gut, promoting overall health. Plus, it keeps you feeling full longer, so you snack less. And, a banana's potassium helps balance fluid levels in your cells, preventing bloating.

Next time you have a sugar craving an hour or two before supper, eat half a banana.

Your body's health will go ape over it!

THE JUNK DRAWER

original by: Laurie Parker

Most everyone has one – that crammed kitchen drawer

Where you toss odds and ends which you feel you “must” store.

A hodgepodge of stuff you don't stop to arrange:
Batteries, paper clips, loose pocket change,
Scissors, dead flashlight, and twist ties galore –
Such are the things that get stashed in this drawer.

You rummage through yours every now and again,

In search of scotch tape or perhaps a good pen.
You dig through the clutter, the sad disarray,
The stockpile of flotsam you should throw away:
Packets of ketchup, used ticket stubs,
Pencils so short they're nothing but nubs,
Expired coupons and meaningless keys -
The typical junk drawer is jumbled with these.

There's lots of stuff there that you'll not again use:
Scratched reading glasses, old Tums, random screws,
That small tube of super glue dried-up and hard
Now stuck to a thumbtack or rogue playing card,
And chargers to things you don't own anymore -
Who knows what you'll find in this infamous drawer!

Many a time when you have a demand
For a measuring tape or a fat rubber band.
You pull out that drawer but it jams - something's caught,
'cause things have been dumped there with so little thought.

So one day you clean out that haphazard bin
You purge and revamp 'til it's neat as a pin.
But the careful arrangement and order don't last
The junk drawer reverts back to “junky” real fast.
It's destined for chaos. Yep, everyone knows:
The junk drawer's the place where most anything goes!

Overheard...

“My fear of stairs is getting worse. It's escalating.”

UPCOMING BOARD ELECTIONS

In January, there will be several Board positions open for election consideration. HVR members are encouraged to consider running for any one of the open positions, and/or to encourage others to run.

A list of positions as well as Nomination forms will be available soon, and a January meeting will somehow be held to vote for your choices.

STAINED GLASS CLASSES

Classes will start Nov 6th 12-4 in Clubhouse
Free for Experienced students.

New students: \$4 per class. Tools provided.

Come try something new and meet new friends. Covid protocol in place, including masks.

Info: Linda Williams sglass4me@yahoo.com

TO WHOM IT MAY CONCERN

Just feel led to send out a BIG HUG to whomever is reading this newsletter and needs one today,

You know who you are. God Bless You!



Aahhh, The Benefits of Retirement

An interview with any (male) Retiree:

Question: Why don't retirees mind being called Seniors?

Answer: The term comes with a 10% discount.

Question: When is a retiree's bedtime?

Answer: Two hours after falling asleep in the recliner (with the TV remote in hand).

Question: What is your favorite part of the week?

Answer: The 6 Saturdays, followed by a Sunday.

Question: As a retiree, what do you consider formal attire?

Answer: Tied shoes.

Question: Did you do any mechanical work today?

Answer: Put a rear end in a recliner.

Question: Do you still do odd jobs around the house, like maybe change a lightbulb?

Answer: Sure, but it might take all day. Maybe even part of tomorrow. But don't anyone nag me just because it's been six days since I was first asked to do it.

Yup! He's taking his retirement seriously!

The best thing about being over 50?



Facebook.com/ThinkPositivePower

We did all our stupid stuff
before the invention of the internet,
so there's no proof!

Emergency Numbers

Hidalgo County Sherrieff (POLICE).....
956-383-8114

Ambulance / Fire/ Emergency 911
(Be sure to tell them you're in Palmview area)