

November 2022



"HIDDEN HIGHLIGHTS"

The Official Publication of Hidden Valley Ranch
Property Owners' Association, Inc. (HVRPOA)
Vol. XXIV, Issue 1

GENERAL INFORMATION

Address: 7600 Long Drive
Mission, TX 78572

Telephone: 956-580-4477

Fax: 956-580-4478

E-mail: hvrpark@gmail.com

Website: HVRPOA.com

Office Hours: Weekdays 9:00 - 11:00 a.m.

Clubhouse Hours: 7:00 a.m. to 10:00 p.m.

Activity Center: 7:00 a.m. to 10:00 p.m.

Exercise Room: Open 24/7

BOARD MEMBERS

President: **Jim Bowans**

Vice-Pres: **Carol Bishop-Bean**

Secretary: ---

Treasurer: **Karen Neal**

Director: **Barb Childress**

Director: **Shawn Quigley**

Activity Chairpersons are listed on the
bulletin board by the front office door.

Emergency Numbers:

Hidalgo Co. Sheriff (POLICE) **956-383-8114**

Ambulance / Fire / Emergency **911**

Be sure to tell them you live in Palmview

PRESIDENT'S MESSAGE

Welcome Back!

I hope everyone had a good summer. Now, here we are at the start of another GREAT winter in the Valley. I'm looking forward to renewing old friendships and making new ones, and I trust you are as well.

Here at HVR, things are in great shape. Thanks to the tireless efforts of Shawn Quigley, the water leak in the pool that we had over the summer has been repaired and is now in great shape and ready for everyone's enjoyment.

Also the palms on Long Drive have been trimmed and the floors in the buildings have been stripped and waxed. They shine like a new penny.

The starting dates for activities are still in the works, so we don't have a complete schedule yet. As always, we need volunteers for everything.

We have several new residents in the Park. Please welcome them and make them feel at home and try to answer any questions they may have.

Finally, it's never too early to start thinking about Board elections in January. There are several positions to be filled, so please consider running for a position and help manage the Park.

Again, on behalf of the Board, welcome back Everyone. Let's be kind, considerate, tolerant, and helpful to one another.

Jim Bowans

Nov 4 9:00a

Board Meeting

Nov 12 9:00a

Members Meeting

WELCOME BACK, Y'ALL

We hope everyone had a good Summer and, as the Park's Silver Anniversary Year draws to a close, we hope everyone will have a great Winter Season with other Park members!



HVR Park was established in January of 1997

Our "usual" regularly scheduled activities are starting to resume, Entertainment is booked, and plans for jams, meals, craft shows, etc are being organized and will begin asap.

WELCOME, NEW HVR OWNERS. We're glad you chose HVR! If you have not already done so, notify the office (to fill out a *property change of ownership* form). Bring age verification ID.

WELCOME, RENTERS, as well. Whether new or returnees, Renters are reminded that whether renting for just a week, a month, or for the entire Season, **you must be registered at the office.**

Obtain a copy of our bylaws. Be informed of such things as a maximum two pets per site!

As Renters, you of course have access to every Park amenity (except HVRPOA meetings). Your Landlord paid your lot's HOA fees for that purpose, so enjoy all our beautiful Park offers!

NEW RESIDENTS' MEETING

Nov 17th 3:00pm at 7522 Eagle Drive

If you're a new owner in the Park, this is an opportunity to find out information about what the Park has to offer, where to find things, and/or to get answers (or find out who to contact) for any questions you may have. Bring a chair and beverage and start meeting some nice people! More info: Cathy Quigley {763} 567-3577

NEED AN HVR NAME TAG (BADGE)?

Nametags (with lanyard and plastic sleeve) are now available here in HVR. \$18 ea or 2/\$34. Contact: Darcy Lorsung (715) 475-9280

COVENANT CHANGES

The HVR covenants were written many years ago by the builders of the Park. At the time, they were adequate. However, over the years some Texas laws have changed, as have the needs of our membership. This in turn has made some of the covenants inadequate, if not unlawful.

A committee has been working on some proposed changes to address and update these inadequacies, and a final copy will soon be posted in the Clubhouse and will also be printed in December's newsletter.

Voting will take place in the next couple of months. We must not only have most of the members (whose names appear on the deeds) participate in the vote, but we must also have a 66% approval from them for the changes to pass.

NOT RECEIVING PARK E-MAILS ?

First, check if it's going to your junk mail.

Secondly, do we have your correct or your most-recent email address in our files?

If you have questions please call Ray Fink at 402-733-8972 or email Webmaster@hvrpoa.com

NEWSLETTER SUBMISSIONS

Newsletter is published November through March
ALL PREVIOUS NEWSLETTERS ARE AVAILABLE ON HVR WEBPAGE.

Co-Editors: Kathy Wiens & John Constable

The deadline for submitting notices of upcoming events for publication in the monthly newsletter is the 25th of the month before.

Ways to submit an event notice:

- E-mails: John at johnconstable852@gmail.com
Kathy at kwiens68512@yahoo.com
- Phones: John at 956.607.9642 (Nov-Mar only)
Kathy at 402.416.7888
- In Person: See either of us around the Park.
- Pass a written note to the office staff, who will place it in our wall folder. Items submitted must include a legible signature of submitter.

Editors & Board reserve the right to reject some submissions.

HVR CHURCH ANNOUNCEMENTS

Church services resume Nov 6th
Fellowship 8:30a – Service 9:00a

We look forward to seeing everyone there!

Pastor Cliff Stewart (970) 302-7033

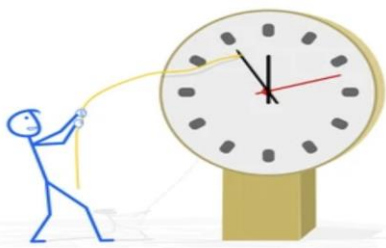


*Peace is not the absence of trouble,
but the presence of Christ.*

Pastor Cliff is also available for consultation and/or visitation.

DAYLIGHT SAVINGS TIME

Reminder to
TURN BACK
your clocks
one hour
before you
go to bed
on Saturday
Nov 5th.



An extra hour of sleep (or to toss and turn)!

GOOD THINGS COME TO THOSE WHO WAIT

Most Park activities will soon be up and running again, so have patience while the Organizers return to the Park and get things re-started. In fact, some may have already started, while a few activities never actually stopped!

Check the attached Activity Roster for a full list of REGULAR activities (what, where, and when).

Note: Listing may need revising for 2022-23.
Inform Editors of errors, deletions, or omissions.

There is also a calendar of SPECIAL events.

THREE WONDERFUL PLACES TO BE

In someone's thoughts,
In someone's prayers,
And in someone's heart.

HVR'S Notary Publics

Lila Helm 7609 Par (507)377-2008

Sallie Remington 2500 Fairway Ct.
(509)539-3510

If you require someone to **witness signatures** for such things as your Warranty deeds, Affidavits, Deed title transfers, Rental agreements, and/or Medicare enrollments, they can help.

No service fees, but photo ID is required.

THINKING OF RENOVATING?

HVR owners wishing to make ANY exterior changes to their property (such as awning, deck, shed, concrete, etc) are reminded that they must **first seek approval** of their plans from the HVR Architectural Committee, **then** obtain proper permits from the County. Packets which set out both the Park and County rules and regulations are available at the Office.

The Architectural Committee, headed by Bill Cornell, meets every **TUESDAY** 10 am near the main office. Volunteers are invited to join the Committee.

RECYCLING PROGRAM

When? Every Thursday 7:30 – 9:00am

Where? Clubhouse Parking lot (north side)

Items recyclable:

Aluminum beverage cans, Cardboard (flattened), Newspaper, Other paper, Plastic (squashed, please, to save space), Glass bottles (rinsed), Tin cans (rinsed out & labels removed)

Items NOT accepted:

Styrofoam, Batteries, Aerosol cans, Scrap Metal.

PARK PROTOCOL FOR COVID MASKS

Wearing a mask in and around HVR buildings is not mandatory, but there are those who choose to do so.

Whatever your choice, please be respectful to those who choose differently from you. Be tolerant and respectful to those who wear - or do not wear – a mask.

VETERAN'S TRIBUTE

"A veteran is someone who, at one point in his/ her life, wrote a blank check made payable to 'The United States of America' for an amount of 'up to and including my life.' THAT is Honor, and there are way too many people in this country who no longer appreciate it." — P. Anderson

We thank our Vets – both those who served and those still serving. The Freedoms we enjoy today are as a result of a heavy cost paid by others.

THOUGHTS FOR THANKSGIVING

Life is so fragile and all it takes is a single moment to change everything you take for granted. Focus on what's important and be grateful for all the simple blessings that surround you everyday. You are blessed! Appreciate it!

"In all things, give thanks." - 1 Thessalonians 5:18

GATE REMOTES

HVR residents and renters needing "after hours" passage through the HVR gate require a remote, available for purchase at the Office (\$15). As of April last year, the "card slot" for the Park's canal entrance gate became no longer useable.

PS: If you ever need to get out of the Park in the middle of the night for a medical emergency or early flight, and you don't have the means to open the gate, you can **drive over to Leisure's gate**. It automatically opens for any vehicle that slowly approaches it.

(Note: You can get out that way, but not back in.)

EARLY REMINDER OF POA FEE

As we draw nearer to 2023, this is a reminder that the HVRPOA (property owners association) annual fee of \$300 per assessed lot is due by the 2nd of January. We do not send out invoices.

The Office will start accepting cash payments in December, and/or checks made out to *Hidden Valley Ranch*. Sorry, no direct deposits or bank transfers can be accepted.

Be sure to include your lot number(s) with the payment.

Again, this doesn't start before December.

J'EVER NOTICE.....

..... the only place you can still get gas for under \$2 these days is at Taco Bell?

ENTERTAINMENT UPDATE

We are pleased for this upcoming Season to bring you another diversified slate of Monday night Entertainers (starting Dec 19th) and for our Saturday night Dances (starting Dec 10th with Sweetwater).

Watch for details in December's newsletter.

- Carol Bishop-Bean, Chairperson

STAINED GLASS CLASSES

Every Friday 12-4, starting November 4th \$15/month for new students (tools provided).

Come try something new and meet others.

More Info: April Bowens (956)458-5693

UPCOMING CRIBBAGE TOURNAMENT

Advance Notice: The Mission Area Cribbage Tournaments will be resuming, playing in different Valley Parks every two weeks. We start this Season on **December 1st** at Leisure Valley.

Any seasoned players wishing to join in on the fun may play. Sorry, this tournament is not for beginners.

Cost is \$4 per couple. Cash prizes rewarded to the top accumulated scores after 7 games.

Questions? Contact Joe Roberts @ 583-2852

SHUFFLEBOARD

Like to play, or want to learn how? Come join us!

Organized play: M. W, F 8:30 am
(may not have resumed yet)

HVR's Team sometimes play with other Parks on a rotational schedule. Come cheer us on. Better yet, join up and join in.

Free Play: courts are available any afternoon or evening under the lighting.

Equipment is available. Lessons, if interested, can be arranged.

Contact: Jim Pierce (641)295-9957

FOOD YOU SHOULDN'T REFRIGERATE

With Thanksgiving just around the corner, leaving limited storage space in the refrigerator for storing all the prepared food beforehand and the left-overs after, here's an article gleaned from another source that might be helpful in having you free up some needed space.

Each food has its own unique criteria of how it should be handled and where it's safe to store. While some items always need refrigeration, others should firmly stay outside the fridge to properly ripen, actually last longer and be tastier.

Here's 20 food items that you shouldn't be keeping in your refrigerator:

AVOCADOS: refrigerating them halts their ripening. Place them in a brown paper bag along with an apple or banana, which releases ethylene gas and ripens the avocado more quickly.

POTATOES: Putting them in the fridge turns their starches into gooey sugar. Just keep them in the pantry away from extreme temperatures.

HONEY & NUTELLA (chocolate-hazelnut spread): In the fridge, they become solid (honey crystallizes) and unspreadable.

GARLIC: In the fridge and/or in an airtight container, they will mold quickly. They will, instead, last for months stored in a ventilated container in a cool, dry place.

ONIONS: Like garlic, they quickly become moldy and mushy from the humidity in the refrigerator. Chilling turns their starches to sugars.

COFFEE: The fridge and freezer are far too humid and will make your coffee tasteless and less aromatic.

MELONS: Uncut watermelon, cantaloupe and honeydew are sweetest and juiciest at room temperature, and their nutrients and antioxidants will remain intact. Once cut of course, wrap in cling wrap and refrigerate.

OLIVE OIL: Refrigeration severely affects its flavor and turns it cloudy. Store in a dark place or under cover from sunlight.

PICKLES: The high salt and vinegar content in pickle jars is strong enough to ward off harmful bacteria and micro-organisms. Pickling something is actually a preservation method, so your pickles should stay good for a long time without refrigeration.

KETCHUP and MUSTARD: Their natural acidities makes it inhospitable for micro-organisms to grow and turn them bad. You will also find they have a better flavor at room temperature.

MOLASSES: This highly viscous substance will become almost solid and impossible to use. Room temperature does not harm it.

....Continued in next column

STONE FRUIT: Peaches, apricots, nectarines, and plums ripen best at room temperature. So, its best to avoid placing them in the refrigerator unless you're not planning to eat them right away. But either way, let them ripen at room temperature first.

TOMATOES: Another fruit that you should never put in the refrigerator is a tomato and there is scientific evidence to back it up. New research confirmed this damages the flavor-enhancing cells.

NUTS and DRIED FRUITS: chilling smothers the nutty flavor and makes dried fruits (raisins, cranberries) too firm and tasteless. Store in an airtight container in the pantry.

CHOCOLATE: To each their own, but most people claim the sugary exterior discoloration ruins its taste and texture.

CUCUMBERS: They also are best and tastiest when stored at room temperatures. A study found cool fridge temperatures damages their interior, making them pulpy or rubbery textured.

BREAD: It will severely dry out your bread and make it more quickly become stale. Studies showed it will actually stay fresher longer at room temperature. Who knew?

SAFETY REMINDERS

- Observe posted speed and STOP signs throughout the Park. This includes bikes and golf carts. PLEASE SLOW DOWN.
- Walk on the left side of the street, facing traffic. Use single file when cars approach.
- Don't let your young grandkids drive your golf cart. You might think it's "cute", but it is not only illegal but incredibly dangerous to everyone!

OTHER REMINDERS

- Park residents in temporary need of crutches, a cane, a rolling walker, potty chair, or wheelchair may borrow them free from the Office (if not already loaned out).
- Pick up after your pets. Non-Service Pets are not allowed in any HVR building.
- Consider walking the dog of a less-mobile neighbor a few times a week (if not daily). All three of you will benefit from this.

KEEPING THE PARK SHIP-SHAPE

If you use any Park facilities, please clean it up / straighten it up when you're through. Leave it looking better than when you walked in!

If you notice an HVR item in need of maintenance or repair, please fill out a form found on the wall by the front desk. Let's nip small repairs in the bud before they become big costly repairs. Thanks!

KEEPING YOUR YARD SHIP-SHAPE

Residents are reminded that yard weeds must be kept under control. It is surprising how quickly the weeds will pop up and thrive through the gravel rocks, despite the heat or lack of water.

As well, be diligent in collecting fallen citrus fruit to deter snakes and rodents. This may require ground pickup as often as twice a week.

If you're not yet here (or won't be) for the Season, please **make arrangements with someone** to check on fallen citrus fruit and to maintain your yard cleanup and weed control spraying as often as necessary. Be sure to collaborate with any provider regarding what your expectations are versus their actual services.

The office should be aware of the contact info for this person. Otherwise, you run the risk of forcing the Park to have to hire someone and send you the bill.

Let's keep the Park looking fresh and clean for other owners, visitors and potential buyers alike.

UPDATE YOUR PROPERTY ADS

Postings of "For Sale" or "For Rent" ads for HVR Properties must be re-dated or re-written at least every 12 months or risk being removed from the hallway bulletin board. If you or someone you know has an older ad that is still valid, please re-date the ad or make a new one.

Due to bulletin board space, all **ads must be no larger than 5.5" x 8"** (1/2 sheet of paper).

Posting larger ads or bending the rules by posting two half-page ads for the same location (such as one of photos and one of info) is unfair to other advertisers seeking a spot, and may result in having your ad completely removed.

Let's be fair to all advertisers.

HANDLING A HEART ATTACK ALONE

(Excerpts from a cardiologist report. There's no guarantee, but it may help.....)

If you are alone and suddenly wake up to intense chest pains that extends to the arm or jaw (although heart attacks can occur without those), you can't exactly perform CPR on yourself, so what CAN you do?

Be prepared: Always keep your phone, two aspirin and water within easy reach by your chair or bedside.

After you've called 911, immediately swallow two aspirins with a little water.

Start forcing yourself to cough deeply (as in the production of saliva) and do so repeatedly. Breathe, cough, breathe, cough every two seconds without interruption until help arrives. Why? Deep breaths bring oxygen into the lungs and these cough-induced movements will compress the heart and maintain blood circulation. This pressure on the heart caused by the coughing also helps to restore normal rhythm.

If you can manage it, unlock your front door and turn the lights on while awaiting help. **DON'T REMAIN LAYING DOWN.** Sit up in a chair as this is a better position for your heart during an attack. than to be lying in bed.

BRIDGE, ANYONE?

Looking for bridge players. If interested, call Mary Berger (715) 927-4233

VOLUNTEERS NEEDED

The Park needs Volunteers. There's big and small tasks from which you can choose. Some tasks require as little as 15-20 minutes once a week or maybe an hour once a month.

Consider grabbing a buddy to share the work!

If you DON'T volunteer, please refrain from criticizing those who do!

Let's all be kind and less critical of one another and, instead, just enjoy all that our Park has to offer, and appreciate everyone who pitches in to help make it happen!

"If you wouldn't like it being said to you, don't say it to them"

(Sign seen in another Park)



TO BOOK ANY PARK ACTIVITY

1. Pick up the appropriate request form at the front desk (or directly from the document rack on the wall).
2. Complete the form and return it to the activity file in the same rack.
3. Upon confirmation (or denial) from Board through the Activities Director, your form will be placed back in the appropriate file in the rack.

Do not just assume your activity is a "go" until you receive notification via your form being returned to the rack. Be patient. This process may take several days.

Our Activities Co-ordinator is Pat Hammond.

ANDY Lander's Advice for Men:

Dear Andy: Fuel prices are so high for retirees like me on a fixed income. Do you have any tips on reducing my fuel budget?

Andy here: Sure. Just yesterday, I went to a car dealership and test drove 3 cars to run my errands. Follow me for more money saving tips.

Dear Andy: I'm best man again at my buddy's third wedding. Any advice on what to say for the toast?

Andy here: Probably most anything except "Welcome back again, everyone!"

Dear Andy: My young son has been chewing electrical cords. What should I do?

Andy here: Ground him until he conducts himself properly.

Dear Andy: Now that I'm retired, my wife thinks I should fill my days by learning another language. Do you think that's a good idea?

Andy here: No, but then I'm speaking from experience. When I was a kid, my parents would always say, "Excuse my French" after a swear word. I'll never forget my first day at school when my teacher asked if any of us knew any French!

2022-2023 CREATIVE QUILTING SCHEDULE

From the Co-ordinator: We are finalizing the schedule of classes for the winter season and are happy to share our proposed schedule. We invite regular members back, and certainly encourage any new quilters to the Park to join. Classes start in December, but you can join anytime.

This is also a great opportunity for beginners to start as we will offer a simple example for beginners and a more challenging example for experienced sewers. Each week, we are trying different techniques, so we're sure you'll find at least one you'll be comfortable working with in the future.

This year we are going to focus on learning a new technique in each class. Each week we will learn a new skill and look at various patterns that use that skill. You can make a single block or a whole quilt, depending on what you want to do. If you make a single block each week, you should have enough blocks for a sampler quilt by the end of the season. Otherwise, you can make a wall hanging, a table runner, placemats, or just a block. It's up to you!

I'm not going to give you an estimate on the amount of fabric you may need, because it depends on what you want to do. If you are only interested in learning how to do the weekly technique, then scraps will be fine. If you like working with scraps, you could make a scrappy sampler quilt. I think a couple of fat quarters and some background fabric should be more than enough each week. If you want a coordinated quilt at the end, use a fat quarter bundle and a background, or only choose 2 or 3 colors for example.

Look through this schedule and let me know if there is something we missed that you would like to learn how to do. We'll try to work it into the schedule as an extra.

More info: Carla Mewhinney (575) 706-1759

Date	Topic/Technique	Instructor
12/7	Accurate piecing, pressing, and cutting	Renee Darkis
12/14	Partial seams	Lila Helm
12/21	Half rectangle triangles	Carla Mewhinney
12/28	Catch up	
1/4	Flying geese and protecting your points	Renee Darkis
1/11	Shopping trip and lunch	
1/18	Y-seams	Renee Darkis
1/25	Paper piecing	Nancy Flaherty
2/1	Curved seams	Sue Arnold
2/8	Improvisational curves	Renee Darkis
2/15	Pot luck & Fun	Lila Helm
2/22	Inset circles	Renee Darkis
3/1	Applique	Lila Helm
3/8	Wedges/Dresden Plates	Carla Mewhinney
3/15	Filler rows, resizing blocks	Carla M. &
3/22	Flange binding and	Carla Mewhinney
3/29	Finish	

WHAT I IF TOLD YOU...

... that you just read that heading wrong?

CRAFT SHOW

The first craft show of the season is Nov 19th. Here's an opportunity to browse and buy a unique Christmas gift for that special person, then enjoy a nice lunch and scrumptuous dessert.

Volunteers are needed to help set up tables on Friday and/or take them back down after the Show. Call Gary Batten (918) 742-0177

For new residents, please note this is also the time when many park-wide yard/garage sales take place. Be prepared to start early.

THINGS WE SENIORS ARE GOOD AT

1. Forgetting someone's name 10 seconds after they tell us.
2. Buying bagged salads, putting them at the back of the fridge, and then throwing the slimy unopened mess away two weeks later.
3. Digging through the trash for the food box we just tossed, because we have already forgotten the directions.
4. Leaving laundry in the dryer until it wrinkles. Then turning on the dryer to dewrinkle. Then forgetting it again.
5. Calculating how much sleep we'll get if we could just "fall asleep right now".
6. Making shopping lists. Then leaving them on the kitchen counter and having to try to remember what's on the list while we're at the grocery store.
7. Finally throwing something away from out of the junk drawer just five days before you could now use it.

Do you have a "Senior Skill" you're super good at? Share them with the Editors and we'll print some of them in the next Edition. Should be good for a laugh!

PENITAS FOOD PANTRY

Donations of food, toys, and clothing for kids (especially for boys) can be **dropped off on Tuesdays** in the clubhouse. Envelopes of cash or checks (made out to Penitas Food Pantry) can be slid under the office door.

Anything you can give is much appreciated.
- Pat Hammond

BINGO REBOOT

The first games of the Season start on Nov 2nd 7:00 pm in the Main Hall.

Join us there and every Wednesday!

KARAOKE

Nov 1st and 15th 7 pm Main Clubhouse

Grab your beverage and come listen to some great Park talent. Better yet, join in!

PIZZA GET-TOGETHER

Nov 17 12:00 noon

At PETER PIPER PIZZA next to HEB on Goodwin. Meet you there then, and every third Thursday of the month.

Sign-up sheets are posted in the clubhouse.

THE FINAL WORD:

"Clocks get turned back on November 6th. Let's hope they get turned back to a time when the World had moral values, when people weren't so easily offended by every little thing done or said that differs from their opinion, when people had respect and kindness for one another, and when they had loyalty and appreciation for the country in which they live."

NOVEMBER 2022 SPECIAL ACTIVITIES CALENDAR for HIDDEN VALLEY RANCH

NOTE: Regularly scheduled events are listed on the flip side. You can personalize this calendar by filling the spaces below with those regular events which involve or interest YOU.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 7p Bingo restarts (& every Wed.)	3	4 9a Board Meeting	5 Set clocks back 1 hour tonight
6 Chapel restarts: 8;30a Fellowship 9a Service (& every Sunday)	7	8	9	10	11 Honor our Vets Today & Every day	12 9a Park Meeting
13	14	15	16	17 3p New Residents meeting	18	19 8-12 Craft Show & Lunch Park-wide Yard Sale
20	21	22	23	24 Happy Thanksgiving	25	26
27	28	29	30		M -> Th 7:30-9:00a -> M-W-F ->	Trash pickup Recycling Propane truck

HVR REGULAR SCHEDULED ACTIVITIES

(Note: some activities may not have resumed yet)

Please inform Editors of errors, omissions, and other updates needed to this list

Location code: MH = Main Hall BH = Back Hall A1 & A2 = Activity Center rooms

SATURDAY

9:00a MH Park Meeting 2nd week

6:30p A1 Dominoes

7:00p MH Dance (monthly)

TUESDAY

7:00a A1/A2 Yoga

8:00a MH Exercise/Dance

8:00a BH Bike Club Coffee

8:30 NEB Breakfast 1st/3rd weeks

9:00a Pool Water Aerobics

9:00a BH Quilting

THURSDAY

7:00a A1/A2 Yoga

8:30a A1/A2 Ladies Billards

9:00a MH Senior Aerobics

9:00a Iowa Breakfast 2nd week

9:00 Pool Water Aerobics

9:00a BH Lose it Gals

SUNDAY

11:00a Sodbusters Golf

12:30p BH May I

8:40a MH Fellowship

9:00a MH Chapel

3:00p BH Pokeno

4:00p Pool Water Volleyball

5:30p A1 Poker

6:30p MH/BH Open Games

12:00p PP Pizza 3rd week

12:30p A2 Mah-jongg

1:00p Pool Water Volleyball

1:00p MH Yahoo – open to public

5:00p A1 Poker

6:00p BH Elevens

6:30p MH Euchre

MONDAY

7:00a A1/A2 Yoga

8:00a MH Exercise/Dance

9:00a MH Senior Aerobics

12:30p A1 Mah-jongg

1:00p Mixed Billiards

6:00p Ladies Billiards

6:00p A1 Sevens

6:00p A2 Elevens

6:30p BH Hand/Knee/Foot

7:00p MH Entertainment – open to public

WEDNESDAY

7:00a A1/A2 Yoga

8:00a Pool Water Aerobics

8:30a Shuffleboard

9:00a Pool Water Aerobics

9:00a Mens Billiards

9:00a BH Creative Sewing/quilting

9:30a A1/A2 Dulcimer Class

1:00p A1 Pinochle

1:00p A2 Cribbage

1:00p Mixed Billiards

3:30p MH Choir Practice

6:00p A1 Sevens

7:00p MH Bingo-open to public

FRIDAY

7:00a A1/A2 Yoga

8:00a Pool Water Aerobics

8:30a Shuffleboard

9:30a A2 Dulcimer Class

9:00a MH Board Meet. 2nd wk

10:30a Couples Golf

12:00p MH Stain Glass

1:00p MH Garbage Poker

1:00p A2 Bridge

1:00p Mixed Billiards

4:00p MH Food Served

5:30p MH Jam Session – open to public

6:30p Men's Billiards

6:30p BH Hand/Knee/Foot

Garbage pickup: Mon am

Recycling: Thu 7:30-9:00 am

Propane Delivery: every Mon, Wed, & Fri

There is also a Monthly Calendar printed which highlights "Special" or significant Activities that are happening, so that they stand out more significantly and are less likely to be missed. For examples, events such as Park meetings, fundraiser meals or a Christmas concert or ice cream social would be shown on the calendar, whereas an event which occurs each and EVERY Wednesday, for example, is in the REGULAR ACTIVITIES LIST above.

Residents can then personalize this monthly calendar by filling the day's blocks with only those events which concern or interest them. Alternately, grab a highlighter marker and mark up the above list!